

# Healthium Clinics

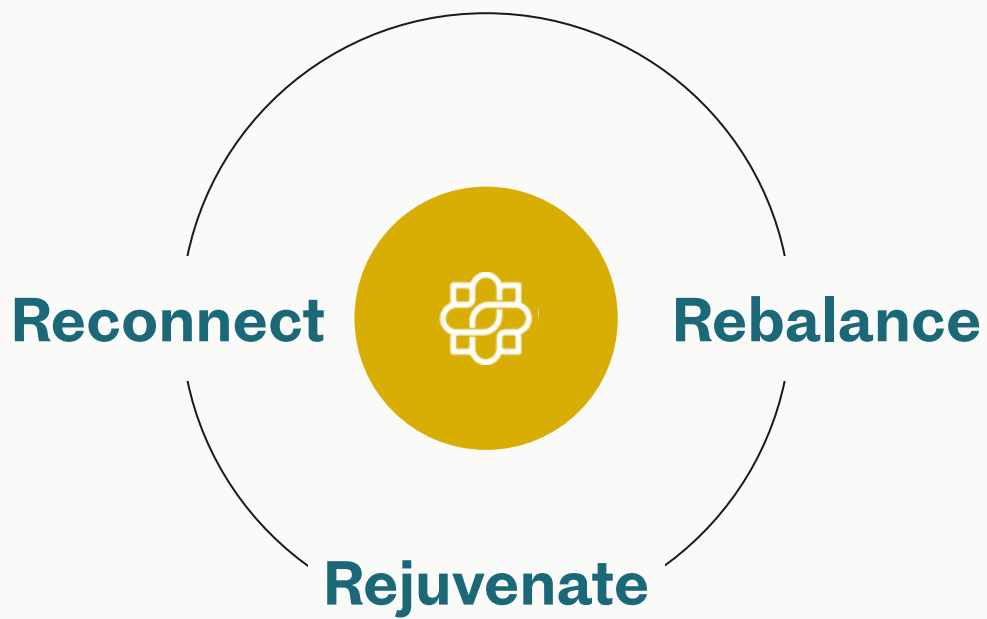
## Experience Bliss

SN<sup>o</sup>OZE  
AT  
**BADGEMORE PARK**

SO MUCH **MORE** THAN A COMFY BED

REBALANCE, REST, RECONNECT  
YOUR SANCTUARY AT BADGEMORE





At Healthium Clinics, in collaboration with Badgemore Park. We offer a carefully curated selection of aesthetic, therapeutic, and medical-grade treatments.

From advanced microneedling and LED facials to holistic Ayurvedic experiences, our treatments are designed to elevate your wellbeing, restore radiance, and relax the mind.

[www.healthiumclinics.com](http://www.healthiumclinics.com)

# ELEVATE YOUR SENSES WITH OUR FIVE-ELEMENT BOTANICAL SPA EXPERIENCE

Wood • Fire • Earth • Metal • Water



Reconnect with nature through a luxurious ritual inspired by the five elements, nourishing your body, calming your mind, and uplifting your spirit.

# ASHMIRA BOTANICA SPA WELLNESS



## ELEMENTAL BODY EXFOLIATION

Duration: 45 min | Price: £75

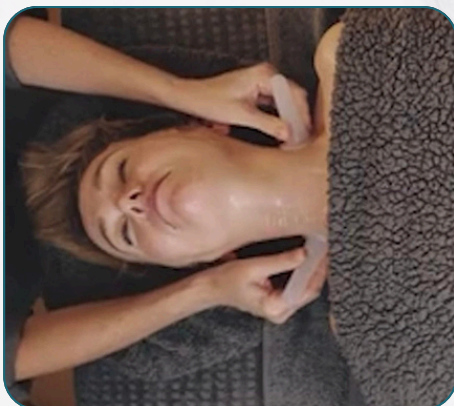
Reawaken your skin with our deeply renewing Elemental Body Exfoliation, designed to smooth, soften, and revitalise. Ideal for dry, dull, or congested skin, this treatment uses Ashmira Botanica's natural exfoliants and botanical oils to gently buff away dead skin cells, boost circulation, and restore your skin's natural glow. Perfect before or after a holiday, or as a post-waxing refresh, this treatment supports healthy skin renewal while calming and hydrating the skin barrier.



## INNER ZEN

Duration: 60 min | Price: £150

Evolve feeling positive and energised from this full body massage which helps balance mind, body and spirit. Energy is moved through a series of channels known as meridians which lie beneath the surface of your skin whilst acupressure points clear energy blocks to give you deep peace and relaxation. Choose from either our Yin or our Yang blend of synergistically blended essential oils to either uplift or deeply relax you.



## PURE ALCHEMY (FULL BODY)

Duration: 90 min | Price: £150

Unwind with this luxurious facial that helps ease away tension and stress, creating inner harmony that will be reflected in your skin. Your back will be exfoliated with ground rice powder, and then an acupressure and meridian massage will help stimulate and balance your emotions. Your face will then be deeply cleansed and receive two massages with tourmaline crystal powder and our special oil blends to balance yin and yang energies in your skin, helping to soften lines and wrinkles.



## FIVE ELEMENTS FACIAL

Duration: 60 min | Price: £100

Inspired by the natural harmony of the five elements (Earth, Water, Fire, and Air). This holistic facial restores balance to both skin and spirit. Using Ashmira Botanica's plant-powered skincare range, this tailored treatment targets your individual skin needs, whether hydration, brightness, or calming care. Combining deep cleansing, exfoliation, massage, and a customised botanical mask, the Five Elements Facial nourishes your skin while grounding your senses.

\*All treatments include VAT (20%)

# ASHMIRA BOTANICA SPA WELLNESS



## INNER BLISS

Duration: 90 min | Price: £150

Indulge in Inner Bliss with our Chinese Body Massage and Exfoliation. Begin with a soothing foot soak and ceremonial cacao, followed by a rice powder exfoliation to reveal smooth, soft skin. A meridian oil massage then relaxes the body, clears energy blockages, and leaves you with a profound sense of inner peace.



## SONIC ENERGY

Duration: 90 min | Price: £150

This blissful wellness experience combines sound healing with a Chinese clay massage. The body is enveloped in non-setting pink clay blended with Yin essential oils, then soothed with warm sound bowls. A Chinese Massage stimulates meridians and releases stagnant energy for both physical and emotional well-being. Hot towels gently unveil soft, nourished skin and the mind, body and spirit are left totally and deeply relaxed and energetically balanced.



## SOUL SOOTHING BODY WRAP

Duration: 60 min | Price: £150

Immerse yourself in the Soul Soothing Body Wrap, a restorative ritual that blends sound, touch, and personalised clay to awaken the senses and rebalance your energy. After a gentle exfoliation and the release of acupressure points with therapeutic sound forks, a nurturing non-setting clay cocoon supports your emotional well-being. A hand-and-foot massage with Tourmaline crystal powder restores clarity, eases stress, and promotes emotional healing, leaving your skin soft, your energy renewed, and a lingering sense of serenity.



## ENERGY RENEWAL TREATMENT

Duration: 90 min | Price: £150

Embark on a journey of renewal with the Energy Renewal Treatment: Lymphatic and Meridian Massage. This restorative ritual blends personalised non-setting clay, lymphatic drainage with silicone cups, and a soothing meridian massage to unblock energy pathways and rebalance the body. The combination of clay, acupressure, and sound therapy revitalises your inner vitality, leaving you feeling refreshed, harmonised, and renewed.

\*All treatments include VAT (20%)

A person is lying down, receiving a massage. The image is overlaid with a semi-transparent teal color. The person's head is resting on a surface, and their hands are visible in the foreground, resting on a textured surface like a towel or blanket. The overall mood is relaxing and serene.

# RELAX. RENEW. RADIATE.

Experience the art of true relaxation with our full body massage, designed to melt away tension, soothe tired muscles, and restore your inner balance. Using expert techniques and calming strokes, this massage prepares your body and mind for a radiant transformation.

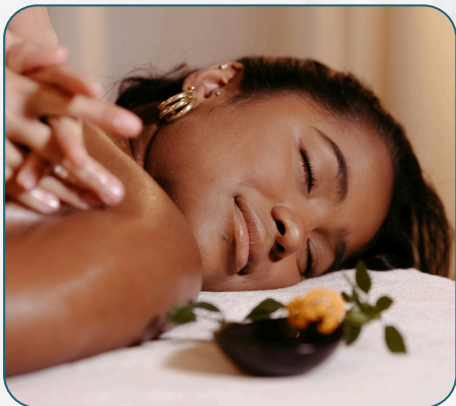
# MASSAGES



## MELT THE STRESS AWAY- BACK MASSAGE

Duration: 45 min | Price: £50

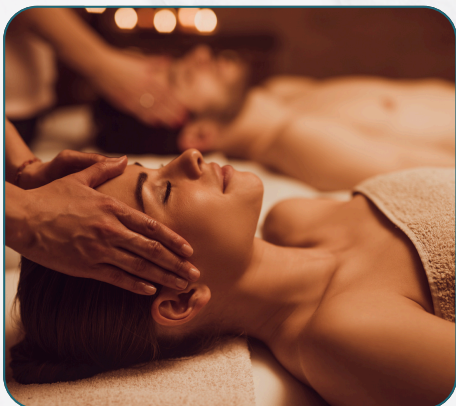
A focused treatment that targets built-up tension in the back, shoulders, and upper body. Ideal for busy minds and aching muscles in need of instant relief



## HEAD-TO-TOE HARMONY- FULL BODY MASSAGE

Duration: 60 min | Price: £85

Drift into total relaxation with a full body massage that soothes every muscle group. Perfect for restoring balance, easing tension, and reviving your energy.



## CLEAR MIND,GLOWING SKIN- INDIAN HEAD MASSAGE

Face & Scalp

Duration: 45 min | Price: £49

A calming ritual combining pressure point techniques on the face and scalp to release tension, improve circulation, and leave you feeling refreshed and radiant.

\*All treatments include VAT (20%)

# MASSAGES



## BACK & SHOULDER MASSAGE (JET PEEL + DERMALUX)

Duration: 60 min | Price: £279

Elevate your self-care routine with our exclusive indulgent package that combines a deeply relaxing full-body massage, the innovative Jet Peel for gentle exfoliation and hydration, and rejuvenating Dermalux light therapy, all designed to leave your skin glowing and your body renewed.



## UPPER / LOWER BODY COMPRESSION THERAPY

Duration: 60 min | Price: £79

Experience the soothing power of BOA, an advanced pressotherapy treatment that gently massages the body with rhythmic air compression, easing tension, boosting circulation, and leaving you feeling completely rejuvenated.

\*All treatments include VAT (20%)



# RESTORE REJUVENATE

Indulge in our expertly curated facial treatments designed to restore, hydrate, and rejuvenate your skin. Whether you're seeking deep cleansing, anti-aging solutions, or a radiant glow, our therapists tailor each facial to your unique skin type and concerns. Using premium skincare products and gentle techniques, we help you relax while enhancing your natural beauty. Leave feeling refreshed, renewed, and glowing from within.

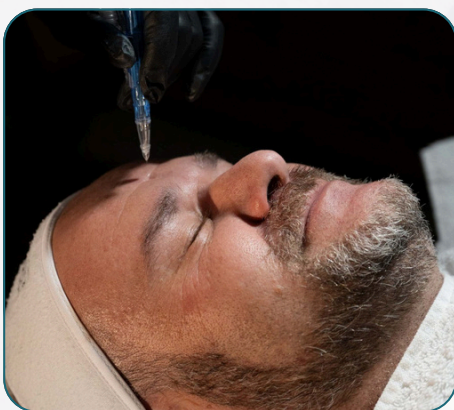
# FACIALS & PEELS



## SIGNATURE JET INFUSION (GLOW)

Duration: 60 min | Price: £199

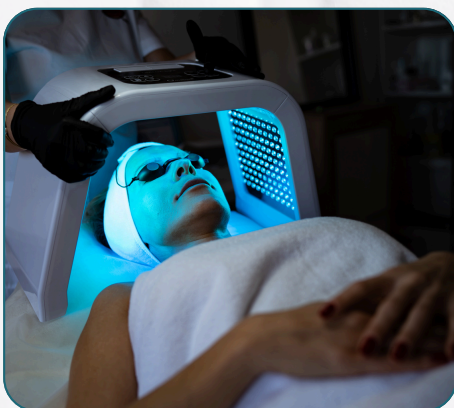
This advanced technology exfoliates dead skin cells, unclogs pores, and infuses the skin with customised solutions to hydrate, brighten, and rejuvenate from within. Suitable for all skin types, JetPeel Infusion Therapy promotes collagen production, improves skin texture, reduces fine lines, and restores a youthful, radiant glow - all with no downtime. Combining deep cleansing with targeted infusion, this therapy offers an effective and comfortable way to achieve healthy, glowing skin.



## JET SOOTHE (PEEL & AYURVEDA)

Duration: 60 min | Price: £210

Combining the power of advanced skin peeling technology with the wisdom of Ayurveda to deliver a truly radiant complexion. This innovative treatment begins with a gentle yet effective peel that exfoliates dead skin cells, deeply cleanses pores, and hydrates the skin, revealing an instant glow without any downtime.



## JET RENEWAL & ARGIRELINE COMPLEX (FINE LINES & WRINKLES)

Duration: 60 min | Price: £199

Renew your skin with Jet Renewal & Argireline Complex (Fine Lines & Wrinkles), an advanced treatment designed to smooth fine lines and relax expression wrinkles. This powerful formula helps restore a youthful, refreshed appearance while supporting your skin's natural resilience, leaving your complexion radiant, revitalized, and visibly smoother.

\*All treatments include VAT (20%)

# FACIALS & PEELS



## RADIO FREQUENCY (FACE)

Duration: 60 min | Price: £149

Rejuvenate your skin with our Radiofrequency treatment for the face. This advanced therapy smooths fine lines, firms sagging skin, and restores youthful contours, leaving your complexion lifted, toned, and visibly revitalised.



## RADIO FREQUENCY (FACE, NECK & DÉCOLLETAGE)

Duration: 60 min | Price: £199

Revitalise and firm your skin with our Radiofrequency treatment for the face, neck, and décolletage. This advanced therapy lifts and tightens multiple areas, helping to sculpt and redefine your features while promoting a smoother, more youthful appearance. Perfect for those seeking a refreshed, contoured look with long-lasting results.



## NOONFACIAL + DERMALUXED LIGHT

Duration: 90 min | Price: £148

Reset your skin with our advanced chemical peel facial, designed to exfoliate naturally, refine pores, and reveal smoother, brighter, youthful-looking skin. Paired with Dermal LED light therapy, this treatment stimulates collagen production and boosts your radiant glow.

\*All treatments include VAT (20%)

# FACIALS & PEELS



## RADIO FREQUENCY + DERMAPLANING

Duration: 60 min | Price: £208

Revitalise your skin with our Radiofrequency + Dermaplaning treatment, a dual-action approach designed to smooth, brighten, and rejuvenate your complexion. Dermaplaning gently exfoliates, removing dead skin cells and fine vellus hair, while radiofrequency stimulates collagen production to firm and lift the skin. The result is a radiant, refreshed, and visibly smoother appearance, leaving your skin feeling soft, youthful, and



## RADIO FREQUENCY (FACE, NECK & DÉCOLLETAGE)

Duration: 60 min | Price: £199

Revitalise and firm your skin with our Radiofrequency treatment for the face, neck, and décolletage. This advanced therapy lifts and tightens multiple areas, helping to sculpt and redefine your features while promoting a smoother, more youthful appearance. Perfect for those seeking a refreshed, contoured look with long-lasting results.

\*All treatments include VAT (20%)



# GLOW FROM WITHIN

UNLOCK YOUR SKIN'S NATURAL RADIANCE

True beauty shines from the inside out. Rejuvenate your skin from within with our powerful blend of vitamins and antioxidants for a radiant, youthful glow.

# MICRONEEDLING



## MICRONEEDLING (WITH UBER CHEMICAL PEEL) TREATMENT

Duration: 60 min | Price: £250

Experience the ultimate skin rejuvenation with our Face Plus Uber Chemical Peel treatment, designed to deeply exfoliate, refresh, and revitalise your skin. This advanced chemical peel combines the power of expertly blended acids with a comprehensive facial treatment to enhance skin clarity, texture, and radiance.



## MICRONEEDLING (FACE, NECK, DECOLLETAGE)

Duration: 60 min | Price: £369

The treatment begins with cleansing and numbing for comfort. Using a state-of-the-art microneedling device, the practitioner gently creates micro-channels in the skin, triggering the natural repair process and stimulating collagen remodeling for improved texture. It can be enhanced with specialized serums to boost healing and concludes with a soothing mask or moisturizer to calm the skin.



## MICRONEEDLING SKIN REVIVAL

Duration: 60 min | Price: £199

Revitalise your skin with Microneedling, an advanced treatment that combines traditional microneedling with regenerative stem cell-derived serums. By creating micro-injuries, it stimulates collagen production, while exosomes enhance healing and cellular repair. This powerful combination improves skin texture, tone, and firmness, reducing fine lines, wrinkles, pigmentation, and scars, all with minimal downtime for a radiant, youthful complexion.



## RADIO FREQUENCY + MICRONEEDLING

Duration: 60 min | Price: £249

This is the perfect anti-ageing treatment if you're looking for more youthful skin! The result is firmer, smoother, and more radiant-looking skin with minimal downtime.

\*All treatments include VAT (20%)



# REFRESH, RENEW, RADIATE

Refresh your look with minimally invasive treatments that smooth wrinkles, restore volume, and enhance your natural beauty - delivering subtle, youthful results with virtually no downtime. Reveal a naturally radiant appearance and boost your confidence with every treatment.

# INJECTABLES



## ANTI-WRINKLE INJECTIONS

Duration: 60 min | Price: From £199

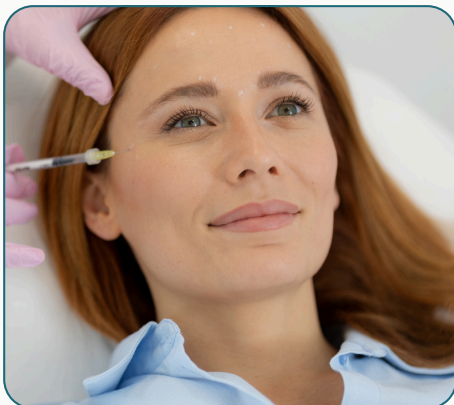
This treatment involves the precise injection of purified proteins to temporarily relax specific facial muscles, reducing the appearance of fine lines and wrinkles. By limiting muscle movement, it smooths dynamic wrinkles, resulting in a refreshed and youthful look. The procedure is quick, minimally invasive, and requires little to no downtime, making it suitable for treating areas like the forehead, crow's feet, and frown lines.



## DERMAL FILLERS

Duration: 60 min | Price: From £249

Restore lost volume, smooth lines, and enhance your natural contours. Dermal fillers refresh and lift the skin for a youthful, balanced, and natural look.



## SKIN BOOSTERS

Duration: 60 min | Price: From £259

Skin Boosters are advanced treatments designed to hydrate, nourish, and rejuvenate your skin from within. Using polynucleotides, they stimulate natural collagen production, improve elasticity, and restore firmness. Over time, the skin becomes smoother, more radiant, and youthful-looking, giving you a healthy, refreshed complexion.

\*All treatments include VAT (20%)

A close-up photograph of a woman's face, focusing on her eyes, nose, and lips. The image is heavily overlaid with a teal or cyan color, creating a soft, ethereal effect. Her eyes are closed, and her lips are slightly parted. The skin appears smooth and radiant.

# SMOOTH SKIN. CONFIDENT GLOW. EFFORTLESS BEAUTY.

Reveal your glow with our expert waxing, threading, and tinting services, complemented by beautiful, lifted lashes for a naturally radiant look.



# LUXURY WAXING FOR HER

## LEGS

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Full Leg	£39
Half Leg	£29
Full Leg & Bikini Line	£49

## BIKINI AREA

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Bikini Line	£19
Extended Bikini Line	£29
Brazilian	£39
Hollywood	£49

## ARMS & UNDERARMS

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Half Arm	£29
Full Arm	£39
Underarm	£19
Full Arm & Underarm	£49

## FACE & BODY

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Top Lip	£9
Chin	£9
Neck	£9
Nose	£9
Eyebrow	£19
Back	£39
Stomach	£29
Full Upper Body	£69
Full Body (excluding intimates & face)	£99

\*All treatments include VAT (20%)

# LUXURY WAXING FOR HIM

Back	£49
Chest	£49
Half Leg	£39
Full Leg	£49
Underarm	£19
Half Arm	£29
Full Arm	£39
Eyebrows	£19
Nose	£15
Full Upper Body	£89

\*All treatments include VAT (20%)



# TINTING

Define. Enhance. Illuminate.

Reveal brighter, more expressive eyes with our expert tinting and lash lift treatments, designed to enhance your natural beauty effortlessly.

## **Eyebrow Tint**

**£12**

Enhance your brows with a customised tint that adds depth, definition, and balance to your facial features.

## **Eyelash Tint**

**£15**

Darken and intensify your natural lashes for a fuller, more dramatic appearance, perfect for a mascara-free look.

## **Eyebrow Shaping**

**£15**

Professional shaping to create clean, flattering, and beautifully defined brows.

## **Eyelash Lift**

**£49**

Lift and curl your natural lashes for enhanced length, definition, and an eye-opening effect.

## **Eyelash Lift & Tint**

**£59**

Combine the benefits of a lift and tint for beautifully lifted, darker lashes that look effortlessly polished.

\*All treatments include VAT (20%)



# BECAUSE YOU DESERVE A PLACE WHERE SCIENCE MEETS SERENITY

## **Relax. Rejuvenate. Restore.**

Step into a calm, refined space designed to soothe your senses and revitalise your mind and body.

## **Expert-led treatments, tailored to you.**

from aesthetic medicine and regenerative therapies to indulgent facials and wellness rituals, every experience is crafted around your unique needs.

## **Feel confident. Feel renewed. Feel transformed.**

At Healthium Clinics & Spa, your well-being is our purpose, and your glow is our signature.



# WHY US?



**AWARDS 2025  
WINNER**

**AESTHETIC CLINIC OF THE YEAR –  
SOUTH WEST & WALES**



# BOOKING INFORMATION

READY TO RELAX?



01491 756015



[www.healthiumclinics.com](http://www.healthiumclinics.com)



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CONTACT US

