

Course Rating 68.0

Men's Blue (from 1 Jan 2026)

Par 69

Slope 116

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.4	+6	25.9 to 26.7	26
+4.3 to +3.5	+5	26.8 to 27.7	27
+3.4 to +2.5	+4	27.8 to 28.7	28
+2.4 to +1.5	+3	28.8 to 29.7	29
+1.4 to +0.5	+2	29.8 to 30.6	30
+0.4 to 0.4	+1	30.7 to 31.6	31
0.5 to 1.4	0	31.7 to 32.6	32
1.5 to 2.4	1	32.7 to 33.6	33
2.5 to 3.4	2	33.7 to 34.5	34
3.5 to 4.3	3	34.6 to 35.5	35
4.4 to 5.3	4	35.6 to 36.5	36
5.4 to 6.3	5	36.6 to 37.5	37
6.4 to 7.3	6	37.6 to 38.4	38
7.4 to 8.2	7	38.5 to 39.4	39
8.3 to 9.2	8	39.5 to 40.4	40
9.3 to 10.2	9	40.5 to 41.4	41
10.3 to 11.2	10	41.5 to 42.3	42
11.3 to 12.1	11	42.4 to 43.3	43
12.2 to 13.1	12	43.4 to 44.3	44
13.2 to 14.1	13	44.4 to 45.2	45
14.2 to 15.0	14	45.3 to 46.2	46
15.1 to 16.0	15	46.3 to 47.2	47
16.1 to 17.0	16	47.3 to 48.2	48
17.1 to 18.0	17	48.3 to 49.1	49
18.1 to 18.9	18	49.2 to 50.1	50
19.0 to 19.9	19	50.2 to 51.1	51
20.0 to 20.9	20	51.2 to 52.1	52
21.0 to 21.9	21	52.2 to 53.0	53
22.0 to 22.8	22	53.1 to 54.0	54
22.9 to 23.8	23		
23.9 to 24.8	24		
24.9 to 25.8	25		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.